

ASEA®

ASEA® Redox usage guide

ASEA® Redox Cell Signaling Supplement enhances the ability of cells in your body to facilitate positive gene expression, which can have a positive impact on your health from the day you begin using it.*

For best results



Drink four ounces of ASEA® Redox Cell Signaling Supplement every day. We recommend two ounces in the morning and two ounces in the evening.



Do not mix ASEA Redox with anything, and do not use a metal cup or container. Glass or plastic only.



Hold in mouth for 15-30 seconds to maximize absorption.



ASEA Redox may be refrigerated for improved taste.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

We power potential

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Results tracker

This chart will help you recognize possible changes which may be happening in your body as you take ASEA® Redox . Rate each function listed from 1-10 (10 being very good), and total the results. Fill out the CURRENT column before you begin, and track your results each week to see the difference ASEA Redox is making.

FUNCTION*	CURRENT	DAY 7	DAY 30	DAY 60	DAY 90
Energy					
Sleep					
Digestive					
Stress/Mood					
Mental focus					
Muscle comfort					
Joint comfort					
Skin health					
Endurance					
Workout recovery					
Seasonal issues					
Overall wellness					
Other_____					
Total					

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